

NAIC meeting: 01/15/2022

Attendance: Meg Hamm, Kristy Besada, Tom Woodward, Jon Spira-Savett, Meta Vornehm, John Rowntree, Rich Bensinger, James Jensen, Nonny Egbuonu, Karla Tolomeo, Nancy Meyer, Anna Molettieri, Zack Sheehan (NH School Funding Fairness Project), Allison Palm, Pam Wellman, Mike Apfelberg, Jocelyn Sharp-Henning (Nashua Senior Center), Terri Behm

Opening discussion: How do we help, support, include, and engage seniors without being invasive?

Speaker: Jocelyn Sharp-Henning from the Nashua Senior Center, 70 Temple St., Nashua.

- Target constituency: Age 50 and over.
- Organization is a stand-alone 501c-3.
- Facility: 23,000 square feet. Rented from the city for \$1 per year, and the rest of the budget is from fundraising, rentals, membership fees. Run by a small staff and over 150 volunteers.
- Half of the building is apartments run by Southern NH Services.
- Programs: Exercise, music, quilting, knitting, painting, dancing. Classes are ongoing and one-time. Trips. Special events (socials, dinners, movies). Gaming groups (cards, billiards, pickle-ball). Biking and walking groups. Seminars (estate planning, driving, etc.). Annual talent show (fundraiser). Thrift store. ServiceLink referral service is located in the facility.
- Membership: \$40/yr for one person; \$60 per 2-person household. Small fee for activities to pay instructors.
- Partnerships: Rivier University, Home Health Hospice, St. Joseph's Community Services (meals), St Joseph Hospital visiting nurse, Veterans Administration, Southern NH Services Bone Builders.
- Goal: To keep people as healthy, active, mentally well and social as possible.
- Community issues during Covid: battling the isolation created by the pandemic through phone calls, zooms. The more we can connect, the better and healthier we can be.
- Recommended ways to try to connect with isolated seniors: transportation to medical appointments, phone/zoom folks and ask what they need.

- Link to the Senior Center newsletter: www.nashuaseniorcenter.org for the bi monthly Nashua Senior Activity Center newsletter. Phone: 603 889-6155.

Treasurer's report: Bank Balances: Main \$3,220.87, Crop Walk \$2,868.91, Choir \$971.75

Reflections on current Nashua Mask Mandate through Jan 31, 2022:

- Preaching/singing are included in the mask mandate.
- Ordinance: <https://www.nashuanh.gov/ArchiveCenter/ViewFile/Item/6956>
- At Family Promise, all families are required to wear masks in common areas.
- Courtesy to others is key.

President's remarks:

- Wishing Rev. Sally Newhall, our Past President, well in retirement.
- Vice President/Future President, Rev. Mike Green is moving on, so we must replace him on the board. Board members will be reaching out. Please reach out if interested.

Zach Sheehan: NH School Funding Fairness Project

- 501c-3 doing education on funding and property taxes, etc.
- Reaching out to as many groups as possible to have successful conversations.
- Jan 20th there will be a zoom meeting to educate the Nashua Area. Please invite others.
-

Kristy Besada

- Mandatory Inclusionary Zoning has passed, unanimously in Nashua
- More work to do, including proper funding of the Trust Fund and proper means for disbursement of that funding.

Allison Palm

- GSOP Clergy Caucus has been formed to create a moral voice for NH at the state level.
- The big issue is housing for now. And recognizing upcoming racial justice bills
- Organizing for a year and a half for public launch on January 11th at 11:00 a.m. Seeking 50 clergy from around the state.
- Please encourage others to take part.

Nonny Egbuonu:

- Thank You Project is interested in NAIC.
- Sending encouragement and giving thanks to the group for being sensitive to those dealing with fear of covid.

Meta Vornehm:

- MLK service will be January 15th, virtually, at First Baptist Church

Meg Hamm

- Interfaith Choir will be recording Sunday night to sing at the MLK event.